

CALIFORNIA CHILD WELFARE COUNCIL CHILD DEVELOPMENT AND SUCCESSFUL YOUTH TRANSITIONS COMMITTEE Meeting Notes – March 1, 2017 1:00 p.m. to 4:00 p.m.

### **Introductions and Warm-Up Exercise**

Rochelle welcomed Committee members. Rochelle asked everyone to introduce themselves and then share their favorite activity for spring.

*Minutes approved as written. No Abstentions.*

### **Presentation: CalYouth Study: Conversation with CWC Permanency Sub-Committee**

The Child Development and Successful Youth Transitions Committee met with the Permanency Committee for the CALYouth presentation and discussion.

Mark Courtney, PhD, University of Chicago provided a presentation on the predictors of youth remaining in care past the age of 18 and early evidence of the benefits of remaining in care:

- Purpose: Dr. Courtney shared findings of youth living arrangements and connections.
  - Data collection and response rate.
  - Adverse Childhood Experiences (ACEs) are captured in this study.
  - How youth left care.
  - Where are youth living? 31.4% SILP of those not in care
  - Individuals nominated as social supports- sub-caregivers very low percentage. “Family” and romantic partner/friends highest %
  - Youth in care were more likely to nominate caseworkers and youth who left care more likely to nominate grandparents.
- Is there a direct measurement around the number of young people who had someone acting as a parent? *Answer:* We do not ask that.
- Are there studies on what young people feel are satisfactory as far as care after 18? *Answer:* A third of youth in this study are saying they do not have enough help.
- What are the outcomes of staying in care? *Answer:* Social support is related to some of these outcomes. We need to be meeting people’s basic needs and looking more deeply into mental health needs for this age.
- A brief will be released soon that discusses the trends and utilization of psychotropic medications.
- The ACEs study published and is available online
- How were you able to enlist participants? *Answer:* County contacts or the caseworker. We had a 95% response rate.
- Would you be able to do overlays of urban versus rural counties and length of stay per counties? *Answer:* We are going to look at all that.

## **Housing and Runaway/ Homeless Youth**

The Housing and Homeless Foster Youth Work Group members briefly discussed the homeless youth policy paper in the Permanency Committee.

- Anna Johnson stated that she sent an updated version of the working proposal to members and has added the most recent runaway statistics. Anna also added information from ALCs and ACINS that reference the law and federal statutes in the proposal. The proposal will also reference the county runaway protocols. Two items on the to-do list: Edna Chinn will insert a blurb on multisystem in Monterey and the recommendation section needs to be reviewed by the group.
- Carroll Schroeder: Let's give folks a chance to read it and review it and then get back together to have a discussion.

Anna Johnson will send the draft to everyone a week or two in advance of the discussion.

## **Priority employment**

Members stated that they would like to touch base to discuss and incorporate feedback from the council. There was discussion around putting together a one page document that will outline the policy and provide an easy to read format that would be more concise and specific. CalHR is sending out a letter to counties about priority employment and what that means for foster youth and that information could be included as well. Larry Bolton is a resource around this issue and would like to join in the discussion.

There is a shift in focus and counties are giving priority to foster kids. We did not discuss the private sector because there is much more flexibility. The goal was to give counties options to fit their county model. We need to look at what other counties are doing around private contracting of services.

- Emily Higgs: It would be great if this information would help inform the private sector as well.
- Alexis Barries: The educational degree requirement is a barrier many former foster youth face. Is this something that is being discussed? *Answer:* Yes it breaks down different positions and will help counties leverage what they have in order to bring on foster youth. It is important that foster youth are brought on in ALL agencies not just social services.
- Vincent Bartle: There's an emphasis on Juvenile records and sealing those.
- Vanessa Hernandez: I appreciate the approach of giving counties a menu of options. What are actionable steps for the council to have an impact? Do we have the capacity to give a contact name and number for technical assistance? If counties are interested in this where do they go and who do they talk to? It would be nice if we had a sub-group going on a "roadshow" to present this. An idea is the Core 10 and CWDA children's committee.

- Rochelle Trochtenberg: We will ask the council to adopt this then we take the next step and ask who will be a champion for this. Opts Committee is another good place to go and pitch. The goal is to get counties to prioritize foster employment.
- It would also be powerful to ask those on the council who have hired foster youth the benefits of having foster youth in your office etc.
- Vanessa Hernandez: I would like to discuss Shadow Day at the next meeting.
- Lori King: There may be a need to develop a career readiness toolkit. Important to get foster youth ready to write a resume, how to dress for interview, interviews etc.  
*Answer:* Soft skills and hard skills are part of the policy, but we need to be more specific on what that entails.

Alexis Barries and Lori King would like to be a part of this work group.

## **Education**

### *Sexual Development*

SB 245: Vanessa will follow up with Joy and find out where they are in the process. The ACL did go out and there are some connections with the training academy. The LGBT community was not addressed in the first healthy sexual development manual. As a committee we can encourage CCL to finish this.

- What is being done with regards to dissemination? *Answer:* Reaching out to Carrol Schroeder and getting it out to the Alliance and Seneca.

## **Presentation: Mental Health Service Utilization: Children/Youth in the Child Welfare System**

The Child Development and Successful Youth Transitions Committee met with the Data Linkage and Information Sharing for the presentation: Mental Health Service Utilization: Children/Youth in the Child Welfare System provided by Katherine Elliott, PhD, MPH, Research Program Specialist, Research Services Branch, California Department of Social Services and Dionne Maxwell, PhD, Research Program Specialist, Mental Health Services Division, Department of Health Care Services.

Adjourned

### Summary of Follow-Up Items

Item	Action Steps	Point Person
Foster Youth Who Runaway Workgroup	Reach out to Lori Fuller to see if ACIN 22 on target for a Mid-February release	Tracy Thompson Rochelle Trochtenberg
	Need Additional information for proposal <i>Current Practices</i> section: Add a case study from Monterey- what was happening, what was done, and why. Workgroup members review recommendations section.	Edna Chinn
	Discuss with pertinent DSS staff and report to members: Additional information for proposal <i>Current Practices</i> section: ACL 1615 and ACIN 22- capture California's current directive to counties. Have CWDA members been polled on county practices? What are their strengths and gaps analysis?	Rochelle Trochtenberg Tracy Thompson
	Update Proposal Draft	Anna Johnson
	Proposal information material to members.	Anna Johnson
	<i>Action: Workgroup meeting follow up call</i>	Tracy Thompson
	Priority Employment	Discuss redundancy issues with David and Judge Edwards
Create one page document		Vincent Bartle
Take feedback and share with subcommittee over email before June.		Priority Employment Workgroup Members
<i>Action: Add Alexis Barries and Lori King to Priority Employment workgroup</i>		<i>Action: Workgroup meeting follow up call</i>
Next Agenda	<ol style="list-style-type: none"> <li>1. Shadow Day               <ol style="list-style-type: none"> <li>a. Positively campaign about the many benefits of working with current/former foster youth.</li> <li>b. Create a flyer about why employers should access</li> </ol> </li> </ol>	Tracy Thompson

	this population 2. Healthy Sexual Development Workgroup: Possible presentation by Regina Navas	
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**Participants**

- Rochelle Trochtenberg, Chairperson
- Alexis Barries
- Vanessa Hernandez
- Vincent Bartle
- Lori King
- Anna Johnson
- Emily Higgs
- Carol Schroeder