

Governor's Master Plan for Aging Long-Term Services & Supports Subcommittee Meeting #7

Topic in Focus:

LTSS Integration, Infrastructure, System Financing & State Leadership

January 14, 2020 | 1 p.m. – 5 p.m.



Welcome & Overview

Mark Beckley

California Department of Aging



Meeting Logistics

- [The meeting materials are posted online here.](#)
- Attend in-person or by computer, tablet, or smart phone:
Click the link below to join the webinar:
<https://zoom.us/j/961237520>
Or join by phone: 888-788-0099 Webinar ID: 961-237-520
- For public comment and meeting feedback, go to:
<https://www.surveymonkey.com/r/MPAComment>
- To submit detailed recommendations for MPA, go to:
<https://www.surveymonkey.com/r/MasterPlanRecommendations>
- Accommodations:
 - Simultaneous captioning is available in the room
 - Live telephone access with two-way communication for public comment

Meeting Agenda

1. Welcome & Overview
2. Consumer Voices
3. Topics in Focus
 - Part I: Integrated Systems of Care
 - Part II: LTSS Infrastructure & Access
 - Part III: System Financing
 - Part IV: State Leadership
4. LTSS Subcommittee Stakeholder Report Process
5. Public Comment
6. Summary of Recommendations & Action Steps

LTSS Subcommittee Meetings

- #1 October 28, 2019: Information & Assistance Systems
- #2 November 12, 2019: State LTSS Benefit
- #3 December 5, 2019: Home- and Community-Based Services (HCBS): Medi-Cal, Older Americans Act, Private Pay
- #4 December 17, 2019: Home- and Community-Based Services (HCBS): In-Home Supportive Services (IHSS) – Part 1, plus LTSS Stakeholder Report Discussion
- #5 January 6, 2019: LTSS Workforce, Family Caregivers & Technology
- #6 January 13, 2020: Group Living Settings
- **#7 January 14, 2020: LTSS Financing and Integration**
- #8 January 27, 2020: IHSS – Part 2, plus LTSS Stakeholder Report Discussion
- #9 January 30, 2020: Webinar for report writing
- #10 February 19, 2020: Discuss/review LTSS Stakeholder Report for March 2 SAC
- March 2, 2020: Presentation of LTSS report at SAC meeting
- #11 March 10, 2020: Webinar: Review SAC Feedback on LTSS Stakeholder Report
- April to June 2020: Inform and advise State Plan, Dashboard and LTSS-related deliverables

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Meeting Guidelines

- 1. Start & end on time.**
- 2. One person speaks at a time.**
- 3. Be fully present. Fully disengage from electronic devices.**
- 4. Use respectful language & tone.**
- 5. Assume good intentions.**

Consumer Voices: *The Promise of Coordinated Care*



THE PROMISE OF COORDINATED CARE

A place to call home

“Living at home, my goal is to stay as healthy as I am today, or even improve my health.”

– Josephine, age 75

https://www.thescanfoundation.org/media/2019/07/coordinated_care-josephine.pdf

LIFELONG OVER 60 HEALTH CENTER



LifeLong Medical Care provides high-quality medical, dental, and social services to people of all ages. We are dedicated to helping each patient live a healthy productive life. In addition to offering care, we offer a range of patient education and outreach services.

Part I: Integrated Systems of Care

Sarah Steenhausen

The SCAN Foundation

Maya Altman

Health Plan of San Mateo

Marty Lynch

Lifelong Medical Care



Defining Integration

MEDICARE + MEDI-CAL

WHAT DOES MEDICARE COVER?



Doctors



Prescription drugs



Urgent care and hospitals



Short-term nursing facility stays...
and more

WHAT DOES MEDI-CAL COVER?



Medicare co-pays and deductibles



Some medical equipment,
supplies and services



Services like IHSS, adult day centers
and transportation



Long-term nursing facility stays...
and more

California's Past Integration Efforts: *Understanding Failure & Success*

Issues, Challenges and Opportunities

- Leadership
- Fiscal incentives
- Converging medical & social models of care
- Outreach & awareness
- Provider engagement

Issue Overview & Recommendations: *Medicare & Medi-Cal Integration*

- California's dual-eligible population
 - Dual Eligibles (Medicare and Medi-Cal) : 1.4 million (67%)
 - Medi-Cal Only Seniors and People with Disabilities: 685,000
- Coordinated Care Initiative (CCI): What we learned and what's next
- Recommendations for Medicare Dual Eligible Special Needs Plans
 - Aligned enrollment
 - Fully-integrated plans
 - Look-alike challenges

Issue Overview & Recommendations: *Integrating Institutional LTC into Medi-Cal Managed Care*

- Issue overview and background
- Recommendations:
 - Long-term goals/vision
 - Plan readiness
 - Addressing non-medical needs (In-Lieu of Services)

Issue Overview & Recommendations: *Integrating Home & Community-Based Services into Medi-Cal Managed Care*

- Issue overview and background
- Recommendations:
 - IHSS options: Information sharing and limited carve-in
 - Access standards
 - Evaluation
 - Reporting
 - Quality

Issue Overview & Recommendations: *Medicare, Medicare Advantage, Medigap & LTSS*

- Issue overview and background
- Recommendations:
 - Regulatory/marketing/financial incentives
 - State leadership

Issue Overview & Recommendations: *State-level Planning & Implementation Council*

- Issue overview and background
- Recommendations:
 - LTSS Planning Council

Part II: LTSS Infrastructure & Access

Lydia Missaelides

Alliance for Leadership and Education

Sarah Steenhausen

The SCAN Foundation



Issue Overview & Recommendation:

Data/Statewide Inventory of Programs & Services

- Issue overview and background
- Recommendation
 - LTSS program inventory

Issue Overview & Recommendations:

Statewide Access Standards & LTSS Infrastructure Plan

- Issue overview and background
- Recommendations:
 - Infrastructure development and planning
 - Role of state, counties

Issue Overview & Recommendations:

HCBS Waivers

- Issue overview and background
- Recommendations:
 - Reduce administrative complexity of HCBS waivers
 - Consider waiver consolidation and expanded slots to meet need

Part III: System Financing

Kristina Bas Hamilton

United Domestic Workers of America

Maya Altman

Health Plan of San Mateo



Issue Overview & Recommendations: *State/Local Fiscal Relationship*

- Issue overview and background
- Recommendations:
 - Revisit fiscal relationship
 - HCBS as alternative to institutionalization

Issue Overview & Recommendations: Global/Flexible Budget

- Issue overview and background
- Recommendations:
 - State-level options for flexible LTSS budget
 - Managed LTSS as a method to align fiscal incentives

Part IV: State Leadership

Ana Acton

FREED Independent Living



Issue Overview & Recommendations: *State Leadership*

- Issue overview and background
- Recommendations:
 - Department of Community Living
 - Governor: Cabinet-Level Leadership

LTSS Subcommittee Stakeholder Report Process

Susan DeMarois

Alzheimer's Association

Lydia Missaelides

Alliance for Leadership and Education

Sarah Steenhausen

The SCAN Foundation



Public Comment

- *To submit additional public comment and meeting feedback, go to:*
<https://www.surveymonkey.com/r/MPAComment>
- *To submit detailed recommendations for MPA, go to:*
<https://www.surveymonkey.com/r/MasterPlanRecommendations>

Summary of Recommendations And Action Steps

Carrie Graham

University of California



THANK YOU!

Send questions to EngAGE@aging.ca.gov

Learn more about the Master Plan for Aging here*:

