

# #61

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## Q1

Define the problem: [Outline the challenge(s) your recommendation will address. Insert links to reports where appropriate.]

Respondent skipped this question

## Q2

Pick your Master Plan for Aging goal(s): [Check the goal(s) your recommendation aims to fulfill. View MPA Framework document for reference]

**Goal 1: Services & Supports. We will live where we choose as we age and have the help we and our families need to do so.**

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**Goal 2: Livable Communities & Purpose. We will live in and be engaged in communities that are age-friendly, dementia-friendly, and disability-friendly.**

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**Goal 3: Health & Well-being. We will live in communities and have access to services and care that optimize health and quality of life.**

### Q3

Choose your MPA Framework objective: [Check the objective(s) your recommendation will accomplish. View MPA Framework document for reference.]

**Objective 1.1: Californians will have access to the help we need to live in the homes and communities we choose as we age.**

**Objective 1.2: Californians of all ages will be prepared for the challenges and rewards of caring for an aging loved-one, with access to the resources and support we need.**

**Objective 2.1: California's neighborhoods will have the built environment to fully and meaningfully include older adults, people with disabilities, and people of all ages.**

**Objective 2.2: Californians will age with lifelong opportunities for social and civic engagement, volunteering, learning, and leadership.**

**Objective 3.1: Californians will live in communities with policies and programs that promote well-being throughout our lifespans.**

**Objective 3.2: Californians will have access to quality, affordable, and person-centered health care through delivery systems that are age-friendly, dementia-friendly and disability-friendly.**

**Objective 4.1: Californians will be economically secure throughout our life span with access to housing, food, and income as we age.**

**Objective 4.2: Californians will be protected from abuse, neglect, and exploitation as we age.**

**Objective 4.3: Californians, as communities and as individuals, will plan, prepare and respond to disasters and emergencies fully including the needs and vulnerabilities of older adults and people with disabilities.**

### Q4

Outline your recommendation: [In one to two sentences, sketch out your idea for the Master Plan for Aging.]

Volunteers who are coming forward to make their communities Age-Friendly need support to get started. For example there is no budget. To bring it to the Mayor and City Council needs lots of spade. This is the time volunteers need help.

### Q5

Identify and quantify your target population: [Describe which groups of Californians will be impacted by this recommendation, with numbers if available.]

Order residents if the City of San leandro.

### Q6

Share your recommendations for an age-friendly California: [Insert detailed bullet points describing your Master Plan for Aging ideas.]

1. Each City should have an Independent Living, Skilled Nursing geared toward middle class citizens. Those that have worked hard and have a little savings. There are lots of facilities accepting Medi-Cal and the rich have private nursing. It is the middle class that is suffering.

### Q7

Provide any supporting evidence for your recommendation: [Add links or summaries of research evidence that support your unique vision.]

Comparison can be made by looking at the charges of nursing homes. The average cost of nursing homes is \$8000.00-15000. Difficult for people who are on fixed income.

### Q8

Give examples of local, state or national initiatives that can be used as an example of best practices: [Provide any available links and sources.] Local: State: National: Other:

People on Medi-Cal get free stay in nursing. The payment for nursing homes etc should be on sliding scales. Right now people who are a few dollars above the Medi-Cal limits have to pay in full. This is not fair.

### Q9

Provide a roadmap to implementation: [Insert any actions state agencies, legislators, counties, local government, or philanthropy can take to move this recommendation forward. Some of the entities listed below may or may not be applicable to each recommendation.] State Agencies/Departments: [action to be taken by Governor or specific state agencies] State Legislature: [legislation needed to implement recommendation] Local Government: Federal Government: Private Sector: Community-Based Organizations: Philanthropy: Other:

This should be considered at the State level. People who have worked hard should be helped in old age. For example there are parents of Engineers and Doctor's who have not worked for day in this country get all the free facilities. And people who have worked paid taxes get nothing.

### Q10

Identify person-centered metrics: [What are the individual measures of inputs or outcomes that can be used to predict your recommended action's impact on people.]

Equality.

**Q11**

Measuring Success: [Describe specific metrics that could be used to empirically measure the effectiveness of your recommendation]

All seniors will have somewhere to go in their old age.

**Q12**

Measuring Success: [How would we know that the implementation of your recommendation is successful?]

Short term: By 2020...

**By**

Mid term: By 2025...

**By 2025**

**Q13**

**Respondent skipped this question**

Provide data sources: [What existing data can be used to measure success or progress?]: Existing data sources: [specify datasets, variables, and data owner/location]  
Suggestions for data collection to evaluate implementation of this goal when no data sources exist:

**Q14**

Identify potential costs and/or savings: [Provide any research, actuarial analysis or other evidence of the cost of, or potential savings from, implementing your recommendation.]

For the committee dealing in finance

**Q15**

**High**

Prioritize your recommendation: [How would you prioritize your recommendation relative to other needs/priorities?]

**Q16**

Contact information: [Let's stay in touch!]

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